### I. GENERAL COURSE INFORMATION

Subject and Number: Dance 230A

Descriptive Title: Intermediate Modern Dance A

Course Disciplines: Dance
Division: Fine Arts

## **Catalog Description:**

This modern dance course is the third in a series of four levels. This is an intermediate/advanced level class that further develops the student's ability to use the body as an instrument of expression, with emphasis on performance skills, technique related to specific modern dance styles, and dance as a concert art form. Attendance at selected dance events is required.

Note: Letter grade or pass/no pass option.

## **Conditions of Enrollment:**

Prerequisite: Dance 130B with a minimum grade of C or equivalent

**Recommended Preparation:** English A

Course Length: X Full Term Other (Specify number of weeks):

Hours Lecture: 1.00 hours per week TBA Hours Laboratory: 3.00 hours per week TBA

Course Units: 2.00

Grading Method: Both

**Credit Status:** Associate Degree Credit

Transfer CSU: X Effective Date: Prior to July 1992

Transfer UC: X Effective Date: May 1994

General Education: El Camino College:

5 - Health and Physical Education

Term: Other: Approved

**CSU GE:** 

**IGETC:** 

#### II. OUTCOMES AND OBJECTIVES

- A. COURSE STUDENT LEARNING OUTCOMES (The course student learning outcomes are listed below, along with a representative assessment method for each. Student learning outcomes are not subject to review, revision or approval by the College Curriculum Committee)
  - 1. Upon successful completion of this course the student will be able to demonstrate movement sequences of complex modern dance vocabulary.
  - 2. Upon successful completion of this course the student will be able to reproduce complex warm-up and center work modern dance exercises.
  - 3. Upon successful completion of this course the student will be able to interpret the codification of complex modern dance terminology.

The above SLOs were the most recent available SLOs at the time of course review. For the most current SLO statements, visit the El Camino College SLO webpage athttp://www.elcamino.edu/academics/slo/.

- B. Course Student Learning Objectives (The major learning objective for students enrolled in this course are listed below, along with a representative assessment method for each)
  - 1. Apply increasingly complex nuances of the technical and abstract elements of dance relating to shape, volume, density, dimension, floor pattern, direction, speed, rhythm and dynamics.
    - Performance exams
  - 2. Implement an increasing range of strength, endurance and antigravity leverage in floor work and transition phrases from floor to standing.
    - Performance exams
  - 3. Demonstrate an increasing range of expressive dynamics through qualitative changes in movement in both technical and creative, or improvisational work.
    - Performance exams
  - 4. Demonstrate use of breath in the torso through articulation of the three areas of the spine in forward, side and backwards curves.
    - Performance exams
  - 5. Compare and contrast correct hip placement and initiation of movement from the hip in forward, side and diagonal directions.
    - Oral exams
  - Compare the various modern dance styles and techniques, such as Graham, Limon, Horton, Cunningham.
    - Essay exams
  - 7. Communicate and express musicality in phrasing, rhythm and dynamics by being able to maintain the designated pulse or pattern of beats against contrasting music.
    - Performance exams
  - 8. Critique events from class activities, video observations and live performances in terms of technical and aesthetic criteria (dance vocabulary and perceptual skills) presented in class.
    - Laboratory reports
  - 9. Choreograph and perform a final dance demonstrating increased skills and awareness of total body expression.
    - Presentation

III. OUTLINE OF SUBJECT MATTER (Topics are detailed enough to enable a qualified instructor to determine the major areas that should be covered as well as ensure consistency from instructor to instructor and semester to semester.)

Lecture or	Approximate	Topic	
Lab	Hours	Number	Major Topic
Lecture	8	I	Course overview and floor techniques  A. Spine elongations  B. Spine contraction/release  C. Leg extensions from a seated fourth position  D. Spiral arms from a seated fourth position  E. Balances from a kneeling position
Lecture	4	II	Refinement of center work  A. Transitions from seated or kneeling to standing position  B. Combinations of contractions and release of spine in plies, releves, shifts in weight and leg extensions
Lab	12	III	Adagio combinations  A. Movement exploration on and off axis  B. Movement exploration with on and off balance while traveling
Lab	12	IV	Self-Evaluation A. Video observations and analysis B. Written analysis of performance and creative skills
Lab	12	V	Group Dances  A. Moving in space B. Group patterns C. Complex floor patterns D. Counterpoint of groups moving in space
Lab	12	VI	Refinement of dance elements  A. Focus  B. Energy  C. Projection in locomotor phrases combining  2. Learned technique  3. Group movement in space  4. problem solving on spatial relationships
Lab	6	VII	Presentation of choreographed dance sequences.  A. Using targeted dance vocabulary.
Lecture	6	VIII	Critical Thinking  A. Class discussion of choreographic themes of the Advanced Dance Concert Choreography  B. Critical analysis of the modern dance techniques performed in the Advanced Dance Concert through class discussions
Total Lecture Hours		-	18
Total Laboratory Hours			54
Total Hours			72

#### IV. PRIMARY METHOD OF EVALUATION AND SAMPLE ASSIGNMENTS

### A. PRIMARY METHOD OF EVALUATION:

Skills demonstrations

## B. TYPICAL ASSIGNMENT USING PRIMARY METHOD OF EVALUATION:

Demonstrate jumps in all directions, with legs, arms and spine in various relationships in the air. Select three different jumps and use these in a combination.

### C. COLLEGE-LEVEL CRITICAL THINKING ASSIGNMENTS:

- 1. Relating to an assigned event, analyze the performance techniques or elements observed in a two-page written report.
- 2. Compare and contrast a performance or event with another dance performance or event in a two to three page written critique; include level of skill, style of dance, production values, and personal perceptions relating to content.

## D. OTHER TYPICAL ASSESSMENT AND EVALUATION METHODS:

Other exams

Quizzes

Laboratory reports

Class Performance

Multiple Choice

Completion

Matching Items

True/False

## V. INSTRUCTIONAL METHODS

Demonstration

Discussion

**Group Activities** 

**Guest Speakers** 

Lecture

Multimedia presentations

Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instruction delivery shall provide access, full inclusion, and effective communication for students with disabilities.

## VI. WORK OUTSIDE OF CLASS

Study

Skill practice

Required reading

Problem solving activities

Written work

Observation of or participation in an activity related to course content

Estimated Independent Study Hours per Week: 2

#### **VII. TEXTS AND MATERIALS**

#### A. UP-TO-DATE REPRESENTATIVE TEXTBOOKS

#### **B. ALTERNATIVE TEXTBOOKS**

Melanie Bales and Rebecca Nettl-Fiol. <u>The Body Eclectic: Evolving Practices in Dance Training</u>. first ed. The University of Illinois Press, 2008. Discipline standard.

## C. REQUIRED SUPPLEMENTARY READINGS

### D. OTHER REQUIRED MATERIALS

Required clothing includes any dance wear that is comfortable to move in but covers completely the mid-riff and knees of the body. All students are barefoot and men must wear dance belts. Kneepads are optional.

## VIII. CONDITIONS OF ENROLLMENT

## A. Requisites (Course and Non-Course Prerequisites and Corequisites)

Requisites	Category and Justification
Course Prerequisite Dance-130B or	Sequential
Non-Course Prerequisite AND	Dance 230A is designed for the intermediate to advanced dancer in modern dance. This requires that the student enroll in this class with basic knowledge of both terminology and beginning to intermediate dance skills.

## B. Requisite Skills

## **Requisite Skills**

The student must have intermediate level technical skills in modern dance. He/she must be able to demonstrate a strong level of percussive, sustained, and lyrical movement styles used in modern dance. He/she must have a strong awareness and knowledge of their body and surrounding performance space. DANC 130B -

The Student will demonstrate intermediate skill level of increased strength, flexibility and endurance through more complex center phrases that combine swings, falls, recoveries and longer balances in extension, flexion and rotation of the torso and legs.

DANC 130B -

The student will demonstrate an intermediate level of awareness of the torso as the center of physical control, connecting abdominal lift with breath in the upper torso, and initiating movement towards all directions from the spine, ribs and hips.

## C. Recommended Preparations (Course and Non-Course)

Recommended Preparation	Category and Justification
Course Recommended Preparation English-A	

## D. Recommended Skills

## **Recommended Skills**

Basic writing skills regarding organization, composition and proper grammar enhances students' ability to write short essays such as critiques of dance performances. ENGL A - Read and apply critical thinking skills to college-level expository prose for the purposes of writing and discussion. ENGL A - Apply appropriate strategies in the writing process including prewriting, composing, revising, and editing techniques.

# E. Enrollment Limitations

Enrollment Limitations and Category	Enrollment Limitations Impact
Enrollment Limitations and Category	Enrollment Limitations impact

Course created by Elizabeth Oberstein on 11/15/1989.

**BOARD APPROVAL DATE:** 

LAST BOARD APPROVAL DATE: 06/17/2019

Last Reviewed and/or Revised by: Elizabeth Adamis Date: 03/22/2019

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